

## GOOD HYGIENCE ~ GOOD PROTECTION



Wash your hands



Use a tissue for coughs



Avoid touching your face

It is important to teach and encourage children to have good hygiene as it is the best protection against the spread of germs and diseases. Washing hands with soap and water before and after school should be part of the daily routine.

**If you COUGH OR SNEEZE please do these...**

**CATCH IT!**  
Germs spread easily. Always use a tissue to catch your cough or sneeze.

**BIN IT!**  
Germs can live for more than 7 hours on a tissue! Throw your tissue away as soon as you can.

**KILL IT!**  
Hands can carry germs to everything you touch. Wash your hands as soon as you can.

It has been reported that a new variant of COVID is on the rise. Please look out for the symptoms and take the necessary protection. For more information, and a list of the symptoms of the XEC variant please [click on this link](#).

## GOOD COMMUNICATION IS ESSENTIAL FOR GOOD EDUCATION

Good communication between home and school is essential for good learning and education. Bigland Green takes pride in its parental engagement and involvement. We need to maintain and build on this to make education even better at our school for all our children.

The first point-of-contact is your child's classteacher. Please [click here for the email address](#) that you can use to contact your child's classteacher with a feedback, a concern or to make an appointment. Team Leaders and other relevant staff members are in the playground at the beginning and end of the school day.

The school website provides details of best contacts for particular needs. The 'policy' section has many of the policies for download and copies are available from the school office.

The school strongly requests parents to avoid the use of social media (e.g. Whatsapp) for school related communication or information sharing. These often do not provide a full picture and cause confusion, tension and anxiety.



## REQUESTS TO THE SCHOOL OFFICE

Bigland Green is happy to help where it can to support parents and staff members. If you have a request for a supporting letter or counter-signing a form, then kindly provide the school with at least 7 working days notice.

Please note that a small contribution will be sought for this service. Also note that the school office may not have the capacity to deal with a request depending on the essential workload.

## CHANGE OF CONTACT DETAILS

Parents, staff members, volunteers and governors are reminded that you have a legal obligation to inform the school with any changes to your contact details. Kindly email [admin@biglandgreen.towerhamlets.sch.uk](mailto:admin@biglandgreen.towerhamlets.sch.uk) or you can leave a note in the school office.



If you wish to know how the school uses and stores your information then kindly check the privacy notices on the school website under the 'policy' tab.

## STARS OF THE WEEK

Lavender	Hafsa Mhamud	Md Raihaan Ali
Sunflower	Zouwairia Bint Alom	Is'haq Md Halim
Bluebell	Fayha Islam	Ayyub Abid
Daffodil	Halima Chowdhury	Zakariya Chowdhury
Camellia	Nurah Uddin	Aahil Rasel
Honeysuckle	Aqsa Hussain	Jahir Imaan
Geranium	Wania Islam	Zarif Siddiqi
Rose	Jabira Uddin	Mahir Ahmed
Ivy	Liyana Azad	Ziyaan Ahmed
Tulip	Amyrah Shah	Zaahir-Prince Ali
Crocus	Amaya Islam	Adam Islam
Hydrangea	Uzma Akhlaque	Eesa Zaman
Hyacinth	Khadijah Islam	Naveed Ahmed
Violets	Hana Alim	Abdul Rahman Musa
Orchid	Reyhana Berardi	Sulayman Ahmed
Poppy	Nety Zoardar	Nahian Zaman

Parents are requested to check the newsletter over the weekend and inform their children if they are *Star of the Week*. The 'Stars' will be celebrated in Mondays school assembly.

It is important that parents inform their children if their name is on the newsletter so that they know for when they return to school on Monday.

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## PARENT CONFERENCES THIS TERM

This term's parent conferences will be on Thursday 24 (3:40 to 5:30 PM) and Friday 25 October (2:10 to 5:30 PM). Pupils will finish school at 2:00 PM on Friday 25 October to allow for the conferences to start from 2:10 PM on the day.

Kindly note that conferences can only be scheduled for the dates and times stated above. Parents are requested to make the necessary arrangements.

## BRIGHT MINDS - STAR OF THE WEEK

Group	Name/Star	Reason
Year 4 Shobuj	Aseel Berardi	Pace and Balance
Year 4 Caagar	Ariyana Hussain	High Expectations
Year 4 Akhdaar	Uzayr Ibn-Tahir	Good Behaviour
Year 5 Shobuj	Adnan Zaman	Good Learning
Year 5 Caagar	Qasim Ali	Attendance
Year 5 Akhdaar	Muhammad Bin Alamin	Pace and Balance
Year 6 Shobuj	Shamira Begum	Pace and Balance
Year 6 Caagar	Aysha Islam	High Expectations
Year 6 Akhdaar	Maria Ali	Behaviour for Learning

## GOVERNORS REPORT TO PARENTS

This is a yearly event where the school governors present a short report about the school to the parents. There are opportunities for parents to ask questions and to provide comments and suggestions. It is a fantastic opportunity for parents to meet the school governors and vice versa.

This year the governors will present their report to the parents on Monday 14 October at 2:45 PM in PAL Space. Kindly note and date and time in your diary.



## SHARE YOUR CHILD'S SUCCESS

It is extremely pleasing that many of the ex-pupils of Bigland Green are doing very well in their GCSE and A Levels. Thank you to all the parents who have shared their child's achievements.

We would like to know about your child's success. Please talk to the school office or send an email to [alumni@biglandgreen.towerhamlets.sch.uk](mailto:alumni@biglandgreen.towerhamlets.sch.uk)

## VACANCIES AT BIGLAND GREEN

The school is seeking to recruit a Lunch Assistant for November. [Please click on this link](#) for more information about this and other posts at the school.

Quote of  
the Week

**'Every child is a different kind of flower.  
All together they make this world a beautiful garden.'**

## NURSERY AND RECEPTION GATES

Parents and carers are requested to use the designated gates to drop and collect Nursery and Reception children. This will help avoid long queues, particularly at the end of the day and also better security.

All parents, including those who are new to the school are reminded to follow the school policy on:

1. No mobiles in the school premises
2. No pushchairs or buggies for children who attend the school (youngers babies are fine to be on buggies);
3. Keeping children safe from online harm, and;
4. No junk food on school premises.

Thank you for your kind support and cooperation in these matters. Please do not be offended if you are reminded to follow these rules by staff members or other parents.



Gates for  
Nursery



Gates for  
Reception



Quote of  
the Week

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# How can **parents support** Bigland Green to provide great education to **their child**

The rules below were developed in consultation with the whole school which all parents are expected to follow.

## Talking to learn

'Talk' is the foundation of learning. At Bigland Green we want parents to talk to their children when dropping them to school and when collecting them from school.

Mobile phones are not allowed in the school premises. Please do not be offended if you are asked to put your phone away before entering the school gates.

**Talk to your child  
Not on the mobile!**



## Walking to school

Children who attend school should walk to school. Walking to school has health, social, and environmental benefits

Pupils who attend school will not be allowed to use push-chairs or buggies unless there is a medical need which is certified by the doctors.

**'No' to buggy  
'Yes' to walking!**



## Keep children safe from online harm

Children have a right to be protected from all forms of harm and abuse. All adults have a duty to protect children. Parents have a duty to keep children safe from harm and neglect. Allowing children to use mobile phones or smart TV can sometimes compromise their safety.

**Mobiles & smart TV  
can compromise safety!**



## Solid food is better than liquid

Solid food helps children to grow and be healthy. Solid foods can help develop and strengthen the jaw, as well as lips and tongue muscles which are required for speech. Introducing the right solids at the right time is essential for good speech development.

Also parents will not be allowed to bring food into the school premises, particularly at home time. Parents can treat their children with a big hug and a beaming smile when they collect their children from school.

**No food at home  
time!**



# Keeping Children Safe Online for residents of Tower Hamlets

The internet is amazing. Children and Young people can play, learn, create and connect, opening a world of exciting possibilities, but do you worry about the amount of time your child is spending online, using social media or playing computer games?

Find out more about your child's online world and pick up some useful tips to help keep them safe online

## What you will learn:

- How the internet can support learning
- The role of the internet and social media in children's lives
- The dangers – online grooming, cyber bullying, sexual exploitation
- How to keep children safe online
- Dealing with excessive internet use and conflict

**Venue: Tower Hamlets New Town Hall, Council Chambers,  
Whitechapel Road E1 2BJ**

**Date: Friday 20<sup>th</sup> September 2024**

**Time: 10:am- 11:15am**



**Places are limited and must be booked  
To book a place email:  
[parentalengagement@towerhamlets.gov.uk](mailto:parentalengagement@towerhamlets.gov.uk)**