

CONTRACT CATERING SERVICES LUNCH MENU Apr 2024 - Oct 2024

Monday

'Planet Earth Day'

2

Dates



Thursday

Puerto Rican

Friday

'Favourites'

				FREE FROM							
	Week 1	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Main Allergens Wednesday 'Traditional Day'	Thursday Turkish	Friday 'Favourites'					
	Dates	15 April • 29 April • 13 May • 27 May • 10 June • 24 June • 08 July • 22 July • 05 Aug • 19 Aug • 02 Sept • 16 Sept • 30 Sept • 14 Oct • 28 Oct									
	Option 1	Vegemince Penne Pasta Bolognese	Beef Chilli in Soft Taco Shell with Potato Wedges	Roast Chicken with Roast Potatoes & Gravy	Beef Kofte in Sweet Pepper & Tomato Sauce with Pitta Bread or Rice & Tzatziki	Cod or Salmon Fish Fingers with Chips					
	Option 2	Chickpea & Vegetable Jambalaya	Red Pepper & Sweetcorn Pizza with Potato Wedges	Vegetable Tikka Masala with Rice	Turkish Vegetable Ratatouille (Turlu Turlu) with Rice	Battered Vegetable Sausage with Chips					
	On the side	Sweetcorn & Broccoli	Roasted Mediterranean Vegetables	Green Beans & Roasted Cauliflower	Shredded Green Cabbage & Carrots	Peas & Baked Beans					
	Salads	Tomato, Basil & Red Onion Salad	Crunchy Red Coleslaw	Chef's House Salad	Turkish Shepherd's Salad	New Potato & Chive Salad					
	Dessert	Fruity Yoghurt Bar	Cheddar Cheese with Breadstick	Fresh Fruit Salad	Minted Lime & Strawberry Yoghurt	Apple & Berries Yoghurt Crunch					
	DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Yoghurt										
				FREE FROM							
	Week	Monday	Tuesday	Main Allergens	Thursday	Eriday					

Wednesday

'Traditional Day'

22 April • 06 May • 20 May • 03 June • 17 June • 01 July • 15 July • 29 July • 12 Aug • 26 Aug • 9 Sept • 23 Sept • 7 Oct • 21 Oct









	Option 1	Macaroni Cheese	Southern Fried Chicken Burger with Cajun Potato Wedges	Minced Beef Cottage Pie	Puerto Rican Chicken and Rice	Battered Pollock Fillet with Chips						
	Option 2	Bombay Vegetable Biryani	Honey & Ginger Veggie Strips Stir Fried with Egg Noodles	Vegetable & Beans Chilli with Rice	Quorn Carne Guisada with Garlic & Parsley Bread Slices	Cheese & Broccoli Quiche with Chips						
	On the side	Peas & Sweetcorn	Green Vegetable Medley	Carrots & Green Beans	Latina Broccoli & Baby Corn on the Cobs	Peas & Baked Beans						
	Salads	Couscous Salad	Crunchy Coleslaw	Chef's House Salad	Cauliflower Ceviche served with homemade tortilla	Asian Noodle Salad						
	Dessert	Fruity Yoghurt Bar	Cheddar Cheese with Breadstick	Fresh Fruit Salad	Tropical Fruity Yoghurt	Apple & Banana Yoghurt with Rice Krispies						
	DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Yoghurt											
	Please Note that some dishes maybe subject to local changes to suit individual school needs											
	CHICKEN RICE AND VEGETABLES											
	of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens. Recipe											
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Tuesday

'Street Food Day'

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