

# Family Fun!

Fun ideas for  
the family this  
holiday season!

## Write a letter to Santa

A great Christmas tradition. Writing a letter to Santa Claus is a fun activity that can provide long-lasting benefits for children. It promotes creativity, communication skills, social skills, and self-esteem, while also creating an opportunity to think about giving. Sending a letter to Santa is an exciting and memorable experience that they will cherish forever. There are many templates online for younger children.



## Christmas Tree Snack

One easy snack idea is cutting pitta breads into Christmas tree shapes, add green guacamole and red peppers and you have a very tasty Christmas tree! Involve your child in making the guacamole by mashing everything together. (serves 8)

- 1 large ripe tomato
- 3 avocados, very ripe but not bruised
- juice 1 large lime
- handful coriander, leaves and stalks chopped
- 1 small red onion, finely chopped
- 1 chilli, red or green, deseeded and finely chopped (optional)

## Explore winter wildlife outdoors!

You could also take the children outside to explore the wildlife this time of year, learning about seasonal changes and the impacts on wildlife hibernation. Keep your eyes peeled for...

- a black and white magpie
- glossy holly leaves and shiny red berries
- ivy wrapped around trees
- snowdrops popping up out of the ground
- a cheerful robin singing loudly
- squirrels chasing each other up and down trees.



## Star Gazing

As days get shorter and night skies sparkle, a great activity would be to stargaze. Either from the window or your back garden with some blankets and go-to snacks, take time with your children to learn about our magnificent solar system and the stars in our Milky Way galaxy. The Star Walk 2 app, which is available on iOS and Android mobiles, allows you to point your phone to the sky to identify constellations and stars and provides an educational guide to the beautiful night sky.