

Dear Reception Children,

We hope you and your family stay safe at this time. The most important thing is to look after yourselves.

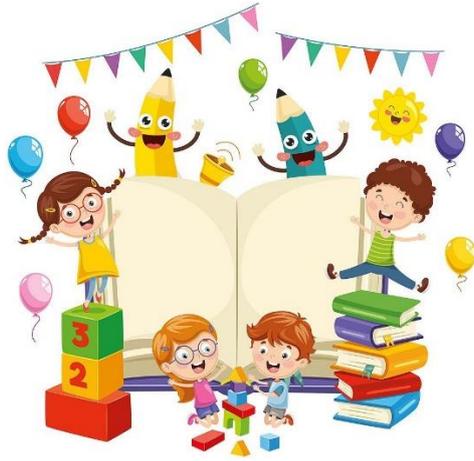
**Hopefully you completed the first learning pack and had lots to keep you busy. We have added some more learning for pack 2 so we hope you find time to do something every day. We have suggested a timetable for you to follow to make sure you make the most out of learning from home.**

### **Every day**

- Share a story together – it can be the banded book or a book of your choice.
- Play together
- Get dressed independently.
- Hold a pencil and draw or write.
- Count together.
- Do some exercise – we have suggested a mixture of websites but if you don't have internet access, read the ideas below the timetable.
- Continue with daily phonics. There is a video uploaded to the school website everyday. In addition to that you can continue to choose a letter to write in your exercise book, think of words that begin with that letter and write them down. Extension: write a sentence using one of those words.

s a t p i n m d g o c k ck e u r h f ff l ll

s ss j v w x y z zz qu th sh ch ng



Have a go at crossing off learning challenges you haven't tried yet. We have added more this week so have a look and try to do something new.

When you return to school, please remember to bring everything you've done at home. We look forward to seeing you and sharing your learning!

Bluebell and Daffodil teams 😊

## Suggested Timetable

Week 3	Literacy	Phonics	Maths	PE	Other
<b>Monday</b>	Phonics spinner	Phonics on the website/front page– c k	Ordering weekdays Oak Academy 1	Joe Wicks	Big Thinking 1
<b>Tuesday</b>	Tomato Pizza recipe	Phonics on the website/front page– ck e	Week Timeline Oak Academy 2	Salman – school website	Colour in the fruit – stay within the lines
<b>Wednesday</b>	Rhyming words	Phonics on the website/front page– u r	Daily Routine Oak Academy 3	Joe Wicks	Floating and sinking
<b>Thursday</b>	Banana and Blueberry muffin recipe	Phonics on the website/front page– h b	Counting from the picture Oak Academy 4	Cosmic Kids Yoga	Draw a vegetable
<b>Friday</b>	Label the pictures	Phonics on the website/front page– f ff	Join the numbers on the spiders web Oak Academy 5	Joe Wicks	3 x learning Challenges

Week 4	Literacy	Phonics	Maths	PE	Other
<b>Monday</b>	Rhyming word sheet 'fan'	Phonics on the website/front page– l ll	Adding fruits	Joe Wicks	Big Thinking 2
<b>Tuesday</b>	Pancakes recipe	Phonics on the website/front page– ss	Adding raindrops	Salman – school website	Make a musical instrument
<b>Wednesday</b>	Rearrange the letters to make a word	Phonics on the website/front page– j v	Numicon adding	Joe Wicks	Recipe for playdough
<b>Thursday</b>	Berry smoothie recipe	Phonics on the website/front page– w x	Dice addition	Cosmic Kids Yoga	Make a small world
<b>Friday</b>	Picture and sentence match	Phonics on the website/front page– y z	subtraction	Joe Wicks	3 x learning Challenge

## PE ideas that don't use the internet:

put on some music and dance!

do 20 starjumps.

put your feet together and jump from side to side 20 times.

bend your knees and walk from side to side like a crab, go both directions.

use a belt or long ribbon/scarf and lay it straight on the floor. Imagine you are in the circus and see if you can walk along the straight line without wobbling off!

pretend to be a frog. Crouch down on the floor then jump up high. Use your arms to reach as high as you can! Do this 10 times.

Imagine you have a hula-hoop around your waist and move your hips in a circle. Go both ways.

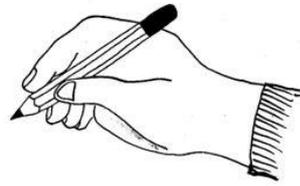
Bend one knee and reach to that side, then bend the other knee and reach to the other side. Repeat this 10 times.

# Home Learning

*Visual of Pencil Grip  
Left-Handed*



*Visual of Pencil Grip  
Right-Handed*



## Websites

### **Websites to give you ideas for learning**

<https://fiveminutemum.com/>

<https://www.eyfshome.com/>

<https://theimaginationtree.com/>

Websites for you and your child to learn together

<https://hungrylittleminds.campaign.gov.uk/>

<https://www.bbc.co.uk/cbeebies>

<https://www.bbc.co.uk/cbeebies>

[www.topmarks.co.uk](http://www.topmarks.co.uk) (Early Years)

<https://home.oxfordowl.co.uk/help-child-learn-age-4-5/>

<https://www.phonicsplay.co.uk/resources/phase/2>

Exercise is really important especially when we are at home a lot. Try to move everyday. The two websites below provide lots of videos to help you. Also remember to look at the Bigland Green Website – Salman will be uploading PE videos there too.

### **PE With Joe Wicks:**

<https://www.youtube.com/playlist?list=PLyCLOPd4VxBsXs1WmPcektsQyFbXTf9FO>

## **Cosmic Kids Yoga:**

<https://www.youtube.com/user/CosmicKidsYoga>

## **Salman – Bigland Green:**

[biglandgreen.towerhamlets.sch.uk](http://biglandgreen.towerhamlets.sch.uk)

## **BBC Channel**

If you do not have internet access, your child(ren) can do some learning on TV. The BBC channel will have three hour blocks of primary school programmes from 9am every weekday on CBBC. This will include programmes from BBC Live Lessons and BBC bitesize Daily as well as Our School, Celebrity supply Teacher, Horrible Histories and Operation Ouch.

During the first lockdown in March, BBC Bitesize ran daily lessons for children online and on iPlayer, but these were not available on regular TV channels. This could be a great opportunity should your child not have internet access, access to a device or both.

We hope you find this useful

## **Helicopter Stories**

At school we often plan in Helicopter Stories, where children tell their own story and an adult writes it down and then re reads it whilst others act it out. Here is a link for how you could do this at home together.

Do share your Helicopter Stories with us when we call you.

<https://helicopterstories.co.uk/helicopter-at-home/>

## **Oak Academy**

Calendar and Time

We have been understanding time by using everyday language to talk about and sequence daily events.

<https://classroom.thenational.academy/units/calendar-and-time-3ff3>

Please complete lessons 1-5

For lesson 2, use the worksheets provided on the next 2 pages.

Do you know what day it is today? What day was it yesterday? What day will it be tomorrow?

Cut out and order the days of the week. Sing the 'days of the week' song to help you.

You can stick it in your exercise book.

Friday

Monday

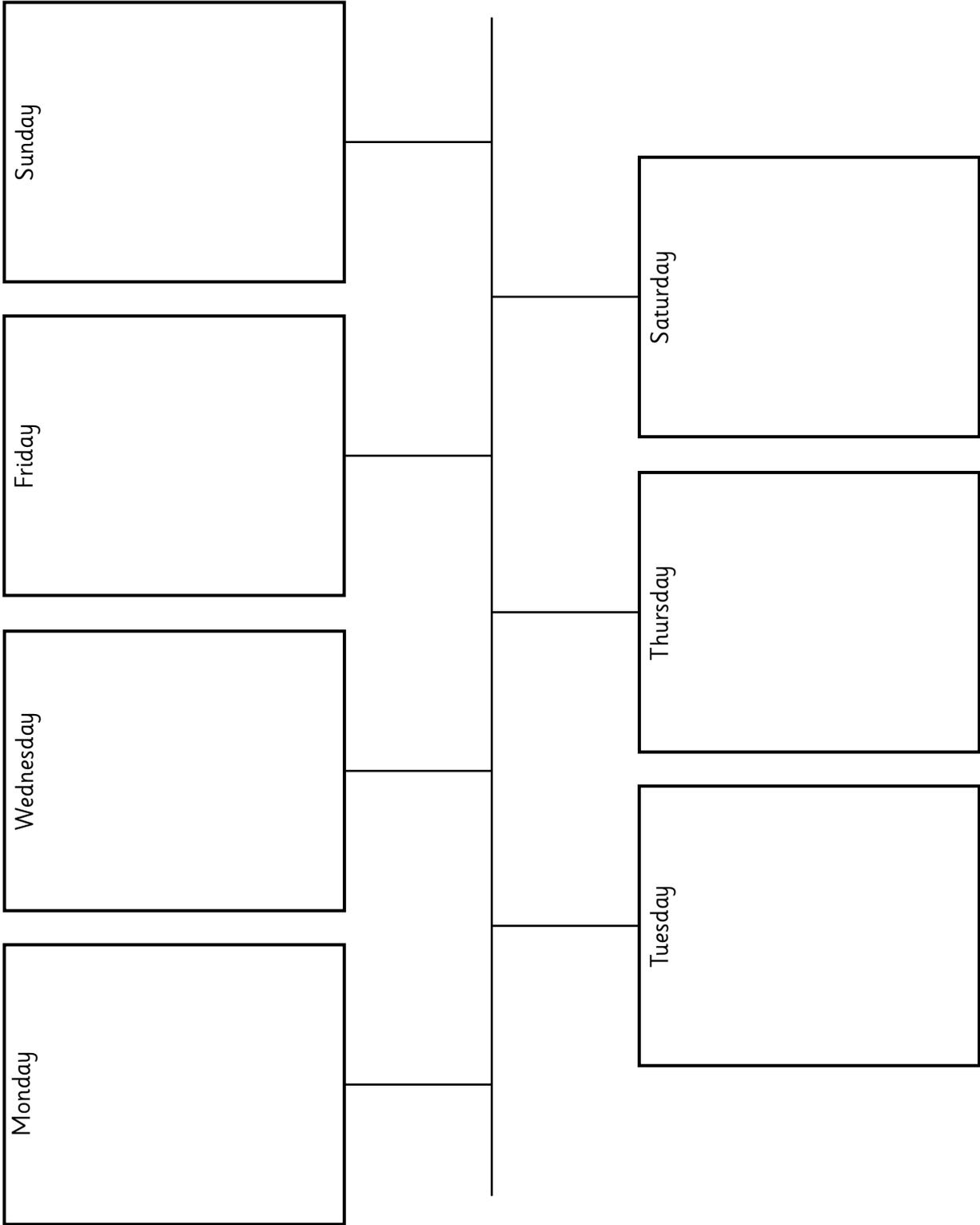
Saturday

Thursday

Sunday

Wednesday

Tuesday



**Draw the timeline of your week.**

## Topic – what shall we eat?

This half term we are learning about food. Each two weeks we are focusing on a different book and we have chosen a simple recipe for you to enjoy at home which links to each story. We will give you a new recipe with each learning pack.

Pack 1: Handa's surprise – Fruit Kebab

<https://www.youtube.com/watch?v=ocnRQi89nK8>

Pack 2: I will not ever never eat a tomato – Tomato pizza

[https://www.youtube.com/watch?v=KLzL94pjYrI&ab\\_channel=Judy%27sBooksJudy%27sBooks](https://www.youtube.com/watch?v=KLzL94pjYrI&ab_channel=Judy%27sBooksJudy%27sBooks)

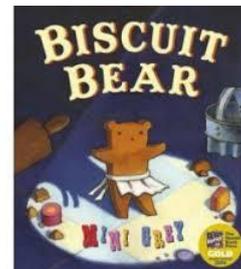
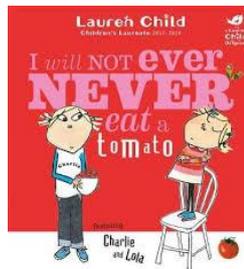
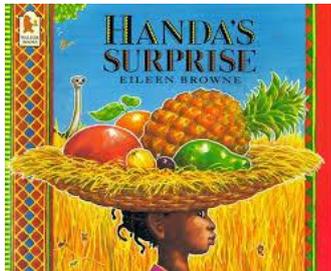
Pack 3: Biscuit Bear – biscuits

[https://www.youtube.com/watch?v=d4PlyWBzOOg&ab\\_channel=StMatthiasCEPrimary](https://www.youtube.com/watch?v=d4PlyWBzOOg&ab_channel=StMatthiasCEPrimary)

We will also include some extra recipes if you'd like to do more. We hope you enjoy making and eating these recipes at home with your child.

If you would like to show us what you have made, your child can share the experience by drawing a picture and telling the class.

Please supervise your child at all times when preparing and cooking these recipes. Thank you!



## Tomato Pizza

### **Ingredients**

Slice of bread

Grated cheese

Tomato

Tomato puree/sauce

### **Equipment**

Knife

Oven

tray

### **Method**

1. Squirt some tomato puree/sauce on the bread and spread evenly
2. Sprinkle the grated cheese on top to cover the sauce.
3. Wash and slice the tomatoes and place on top of the cheese
4. Put on a tray and grill until the cheese melts
5. Either keep as a square or cut in half to make 2 triangles or 2 rectangles.  
Eat when it has cooled down a bit.



## Banana and blueberry muffins

### **Ingredients**

- 300g self-raising flour
- 1 tsp bicarbonate of soda
- 100g light muscovado sugar
- 50g porridge oats, plus 1 tbsp for topping
- 2 medium bananas, the riper the better
- 284ml carton buttermilk
- 5 tbsp light olive oil
- 2 egg whites
- 150g punnet blueberries



### **Method**

#### STEP 1

Heat oven to 180C/fan 160C/gas 4 and line a 12-hole muffin tin with paper muffin cases. Tip the flour and bicarbonate of soda into a large bowl. Hold back 1 tbsp of the sugar, then mix the remainder with the flour and 50g oats. Make a well in the centre. In a separate bowl, mash the bananas until nearly smooth. Stir the buttermilk, oil and egg whites into the mashed banana until evenly combined.

#### STEP 2

Pour the liquid mixture into the well and stir quickly and sparingly with a wooden spoon. The mix will look lumpy and may have the odd fleck of flour still visible, but don't be tempted to over-mix. Tip in the blueberries and give it just one more stir. Divide the mix between the muffin cases – they will be quite full – then sprinkle the tops with the final tbsp of the oats and the rest of the sugar. Bake for 18-20 minutes until risen and dark golden. Cool for 5 minutes in the tray before lifting out onto a rack to cool completely.

## **Breakfast Berry Smoothie**



### **Ingredients**

- 1 small ripe banana
- about 140g blackberries, blueberries, raspberries or strawberries (or use a mix), plus extra to serve
- apple juice or mineral water, optional
- runny honey , to serve

### **Method**

#### **STEP 1**

Slice the banana into your blender or food processor and add the berries of your choice. Whizz until smooth. With the blades whirring, pour in juice or water to make the consistency you like. Toss a few extra fruits on top, drizzle with honey and serve.

#### **GIVING IT A TWIST**

Use melon or a slightly over-ripe mango instead of the banana. Or add a pot of low-fat natural yogurt to make an extra-creamy smoothie.

## Easy pancakes: quick, simple and yummy!

### Ingredients

100g plain flour  
2 large eggs  
300ml milk  
1 tbsp sunflower or vegetable oil, plus a little extra for frying



### Method

#### • STEP 1

Put 100g plain flour, 2 large eggs, 300ml milk, 1 tbsp sunflower or vegetable oil and a pinch of salt into a bowl or large jug, then whisk to a smooth batter.

#### • STEP 2

Set aside for 30 minutes to rest if you have time, or start cooking straight away.

#### • STEP 3

Set a medium frying pan or crêpe pan over a medium heat and carefully wipe it with some oiled kitchen paper.

#### • STEP 4

When hot, cook your pancakes for 1 min on each side until golden, keeping them warm in a low oven as you go.

#### • STEP 5

Serve with lemon wedges and caster sugar, or your favourite filling. *Once cold, you can layer the pancakes between baking parchment, then wrap in cling film and freeze for up to 2 months.*

Phonics – read these words then match the ones that rhyme

log
pig
sock
cat
hen

hat
dog
pen
lock
wig

Read these rhyming sentences

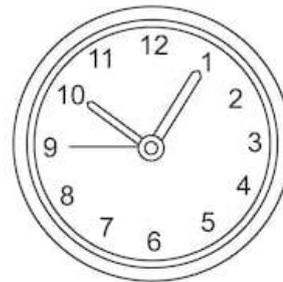
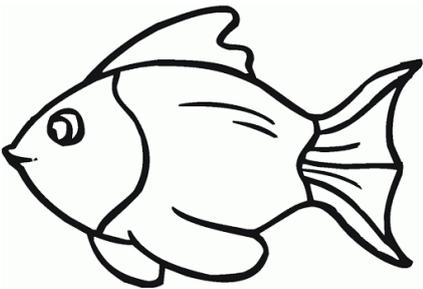
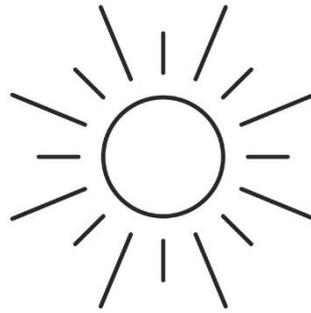
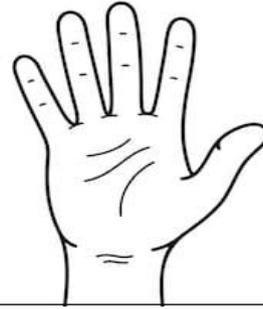
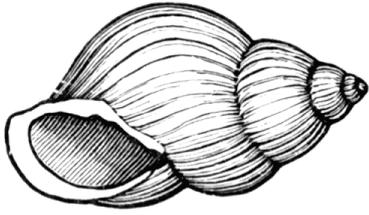
The pig put on a wig.

The cat put on a hat.

The dog sat on the log.

It is fun to play in the sun.

Use your phonic skills to label these pictures



Can you make a sentence with each of the words?

Write them in your exercise book.

## Understanding the world

1. Make recycled boats using materials from home. You can use plastic cups if you have them, empty containers from grapes, strawberries and other fruits- don't forget to cover the holes. You can even make boats from melon, oranges, limes and other fruits with a thick skin. Have a look at the pictures below. You can decide how you want to decorate your boats.



2. Collect at least 6 different objects around the house that will fit in your boat to test. Ready, steady, go!
3. Now that you have created your own boats and have your objects fill a large container with water for testing. Place one item at a time into your boat. What happened?
4. Use the key vocabulary to explain what happened **floating, sinking**, and use these vocabularies to talk about why it happened? **heavy, light, big, small**.
5. **Writing:** Record your findings. Write some sentences to tell us which objects floated and which ones sank to the bottom. Can you explain and write why?

**Do lemons float or sink?** [How to make a lemon sink - Science Questions for Kids \(science-sparks.com\)](https://www.science-sparks.com/how-to-make-a-lemon-sink/)

**More floating and sinking**

[https://www.youtube.com/watch?v=eQuW8G2QV\\_Q](https://www.youtube.com/watch?v=eQuW8G2QV_Q)

## **Observational Drawing**

Choose a vegetable of your choice for you to draw closely.

You can use pencil colouring/felt tip/crayon/paint.



Think of words to describe the shape, size and how it feels.

**What is your daily routine?**

**Draw and write words to show what you do as part of your day.**

1	2
3	4
5	6

How many ...?

Look at the picture and count how many you can see of each object.



trees

apples

ducks

flowers

strawberries

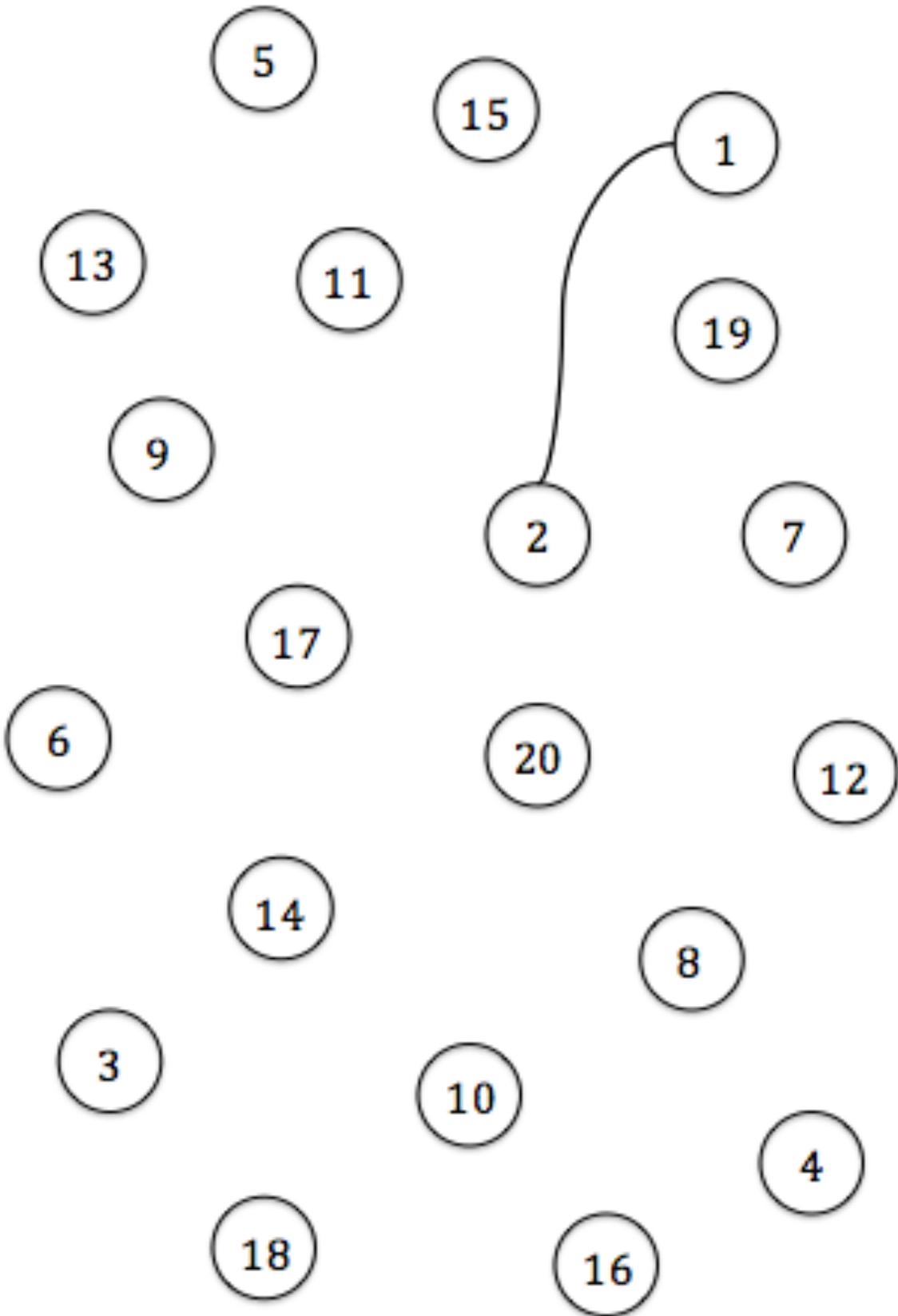
toadstools

footprints

rocks

Can you join each number in order to make a spider's number web?

The first one is done for you.



Count the holes in the numicon plates to complete these additions.

 +  =	 +  =
 +  =	 +  =
 +  =	 +  =
 +  =	 +  =
 +  =	 +  =
 +  =	 +  =

Draw a line to match the picture with the sentence



A red pin.

A dog in a hat.

A hen on a bag.

A pig in mud.

An ant on a pot.

Read the words and notice that they rhyme. They have a different initial phoneme but then the next two phonemes are the same.

Trace the second column then have a go at writing the word in the third column.

ban	ban	
can	can	
fan	fan	
man	man	
pan	pan	
ran	ran	
van	van	

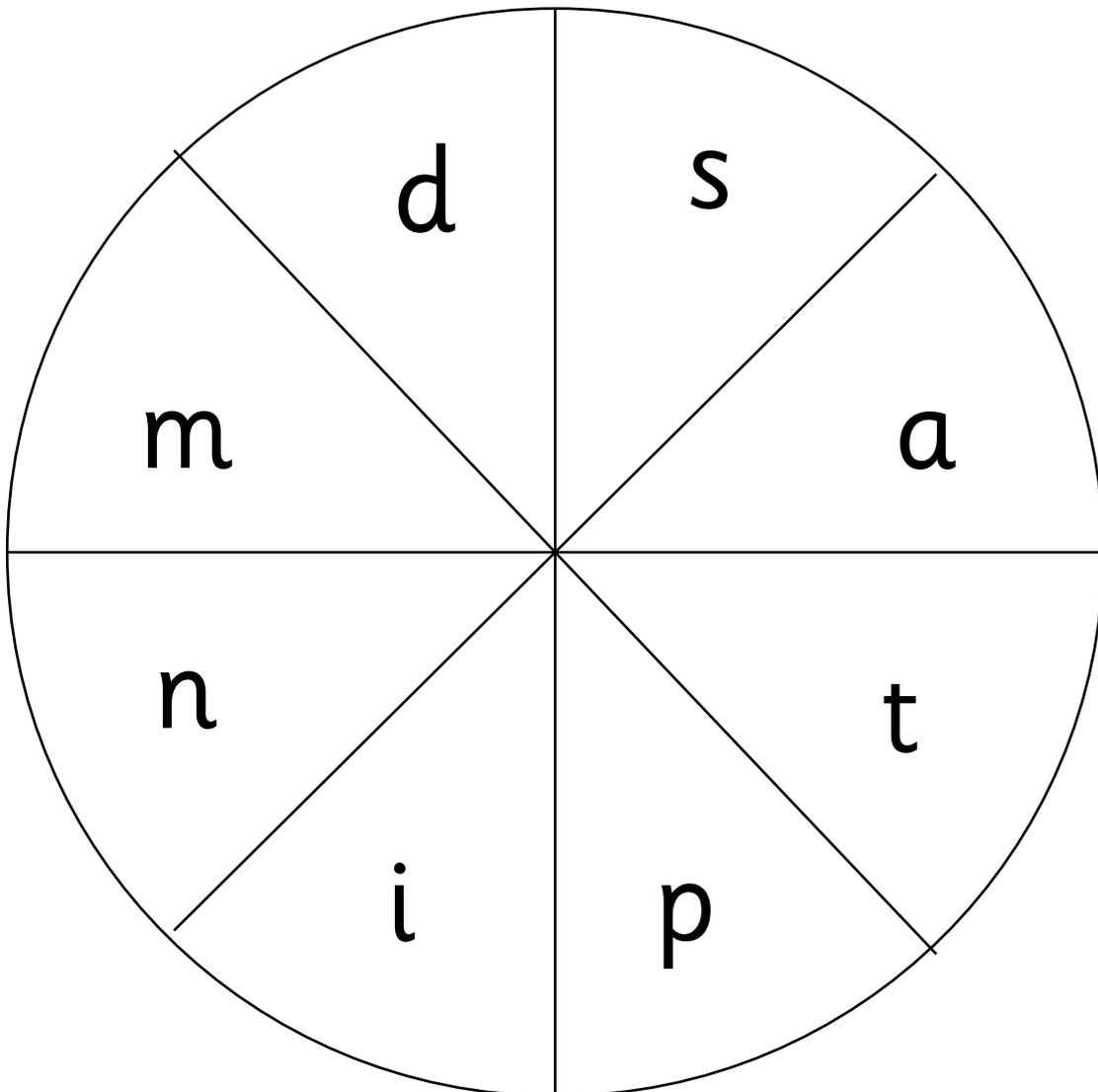
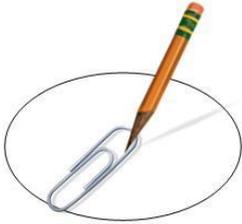
Rearrange the letters to make a word that matches the picture.

t i s			t p a		
n p i			o d g		
t o p			n t i		
t a m			a m n		
a m p			n p a		

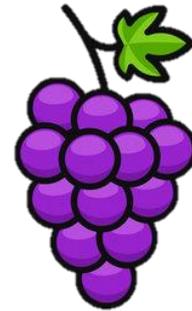
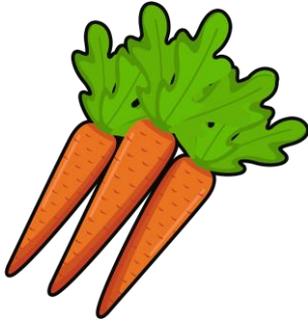
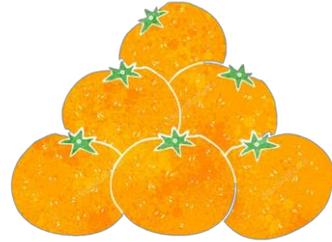
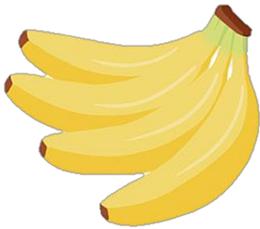
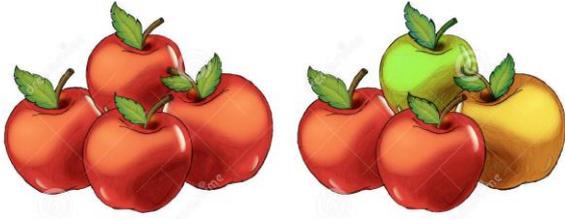
## Phonics Spinner

Use a pencil and a paperclip. Put the paperclip on the centre of the circle and the pencil on the hole like in the picture. Flick the paperclip to spin it to choose a letter from below.

Think of a word that has this letter in it. Can you find a word with that letter in a book that you've read? Write the letter out and write out the word you've chosen.



How many fruits? Write the number next to each group.



challenge: add up the total number of groups and write the answer on the end.

	+		=	
	+		=	
	+		=	

## **Big Thinking 1**

Start an open ended conversation and discuss these ideas. Do you agree or disagree with the person you are talking to?

Do animals have feelings? What makes you think this?

Would you like to be an animal/insect? If you could be any animal, what would you be? Why?

Should we be allowed to take honey from bees? Why/why not?



## **Big Thinking 2**

Start an open ended conversation, discuss and share your opinion on this question.

***Would you choose no sweets or no television?***



What would happen if you ate too many sweets?

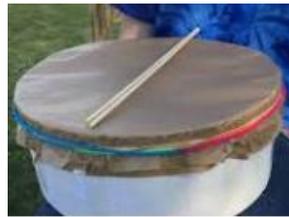
What would happen if you watched too much television?

Have you changed your mind now?

## Creative/making

Make your own musical instrument out of things you can find at home.  
You can decorate it however you like!

Here are some ideas.



## Make a small world in a cereal box

Use an empty cereal box. Decide on a theme and decorate the inside. You could use toys or figures you have at home or you could make your own out of items in your house.



## Easy Recipe for Playdough

**Makes** 1 coloured ball

**Prep** 10 minutes

### **You will need**

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

### **Method**

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.

## Home Learning Challenges

<b>Personal Social and Emotional Development</b>	<b>Communication and Language</b>	<b>Physical Development</b>
Play 'Simon says' with someone in your family. Simon says wiggle your fingers, Simon says touch your toes, Do you remember the rules?	Call/Video call a friend or a member of your family and talk about what you have learnt at home. Ask them what they've been doing.	Balance on leg for 5 seconds/ Swap and do it on the other leg. What kind of balancing shape can you make with your body?
Play Hide and Seek with your family. Where could you hide? Don't forget to count!	Can you name the utensils in your kitchen? Do you have a rolling pin, knives, forks and spoons?	Can you remember the actions to some of our songs? Can you clap your hands, tap your toes, raise your arms up in the air, bend your knees. What other actions can you think of?
Can you help wash up after having your breakfast/lunch/dinner? (Parents, give your child a large bowl or a basin to help wash a plate/saucer/cup/fork/spoon, if they can't reach the sink.)	Play a game to learn about opposites ie hard/soft, heavy/light, tall/short, wet/dry, rough/smooth Can you find objects around your home to use as an example ie If the wall is hard can you find something which is soft.	Jump on the spot (10 times), stamp your feet on the spot (20 times), spin around on the spot (5 times) leap like a frog on the spot (10 times), star jump on the spot (10 times), jog on the spot how many times you like.
What did you do really well today? It can be anything. Draw yourself a gold star or give yourself a pat on the back. Well done!	Have you asked any questions today? Asking questions helps you to find an answer to something you want to find out about.	Try some of the following: zipping your coat up and down, doing and undoing buttons, tying your shoelaces, putting on and taking off a watch.
Make a card for someone in your family.	If you had a pretend tea party with your toys, what would they say to each other?	Hold your pencil correctly and write your name.

<b>Literacy</b>	<b>Numeracy</b>	<b>Understanding the World</b>	<b>Expressive Arts and Design</b>
Don't forget to read a book every day if you can. Do you have a favourite story/character? What happens in the story? Perhaps your book is non-fiction. What does this mean?	Look around your house. What 2D (flat) shapes can you see? Can you have a go at drawing what you have found and label them with their shape name.	It is winter at the moment, all the leaves have fallen from the trees and it is very cold. Some animals hibernate in winter, Bears hibernate, so do Queen bees, hedgehogs, dormice, some birds and squirrels. Hibernate means that they sleep for the winter, then wake up in the Spring. Squirrels make dens in trees from leaves, twigs, moss and feathers this keeps them warm when	Can you sing Heads, Shoulders, Knees and Toes, can you join in with the actions?  Can you sing some of our songs?  What noises can you make with your body?  What noises can you make with things in your home?  Are the sounds high/low, loud/soft?

		they hibernate. What would you use for your den if you had to hibernate? Make one at home and see cozy it is.	
Listen to the video of “I would not ever never eat a tomato”. The link is in the learning pack. Can you think of any foods that remind you of something else? Eg. Masked potato reminds me of fluffy clouds.	Can you count how many pairs of shoes you have? How many altogether in your home?	Find out what is being prepared in your kitchen today. What ingredients are needed? How is it being cooked? Draw a picture of the meal and label it. Was it hot or cold? What was your favourite food?	Sing Twinkle, twinkle little star and do the actions. Can you see any stars outside?
Pretend you are writing a shopping list of your favourite foods. What would go on it?	Do you like toast? Toast a slice of bread, cut in half, What shape do you have now? Is there a different way of cutting it in half to make a different shape? Draw round a plate to make a circle and cut it in half. What shape does it make now?	From your window, or if you are out walking, can you see any water which has frozen, perhaps on a puddle, or flat roof or as an icicle. You might see snow soon. What is snow?	If you have construction at home for example lego, train set, blocks, mobilo etc, join the pieces together to build and balance. What have you made? Is it what you wanted to make? If you add more pieces, does it change?
Who is the tallest in your family? Can you draw everybody in the correct order.	Sing the months of the year song. How many months are there? What month is it now? What month comes next?	Think back to our last topic on homes and buildings. Draw a building of your choice and think of what materials it is made of.	How many different colours can you see in your food today? Can you make a rainbow of food?
Pat a cake Pat a cake baker’s man, bake me a cake as fast as you can, Pat it and prick it and mark it with ‘B’ and put it in the oven for baby and me. Can you hear the rhyming words? Man/can ‘B’/me	Collect 5 objects and put them into order from smallest to largest. Out of the 5 objects you have chosen, which is the heaviest? Does it always have to be the largest object?	Think about where your food comes from for example Milk comes from a.....cow Vegetables and rice grow .... In the ground, what about cheese or ice-cream, apples or bananas?	Watch the story of “Whatever Next” on the Bigland Green website. Role play – use your imagination to pretend you are in a rocket on your way to the moon. When you arrive, what can you see? What is it like? Can you hear anything?